

Clidive Socials 2018(v10)

Clidive Social Team: social@clidive.org

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Introduction

Meet the Social Team 2018

This year we have a team to help us:-

Main Social Team	Email
Preeda Harish Kumar	social@clidive.org
Katy O'Connell	
Anastasiya Grachova	

If you have an idea or suggestion for a social please contact us - we would love to hear new ideas (outside the ones we have said we will not be organising) and a member of the team will be assigned to work with you.

To contact the team it is best to use this email – social@clidive.org and one of the team members will respond to all email.

We also have a Sub Committee who are brought on board to help us out as and when we need help. They are *Harriet, JD, Deborah and Rannon*.

Interesting Events Outside Clidive

Below is a list of events that we thought you might like to know about. The clidive social team will not be organising them as a social, feel free to go, take photos and tell us all about it.

	Public Event	Date	Venue
1	The London Boat Show	10 - 14 January	Excel London One Western Gateway, Royal Victoria Dock, London E16 1XL https://www.londonboatshow.com/
2	Boot Düsseldorf, the world's greatest boat & watersports show	20 – 28 January	Dusseldorf, Germany https://www.boat-duesseldorf.com/
3	The Great North Dive Show	17-18 February	Emirates Old Trafford, Lancashire County Cricket Club, The Point, Talbot Road, Manchester, M16 0PX http://www.thegreatnortherndiveshow.com/
4	Ocean Film Festival World Tour	15 - 20 October	LONDON, Union Chapel http://www.oceanfilmfestival.co.uk/home
5	Birmingham Dive Show	27 - 28 October	NEC Birmingham http://www.diveshows.co.uk/
6	<p>“Sharkwater Extinction” (documentary by the late Rob Stewart – diver & conservationist)</p> <p>“Discovering that sharks are being hunted to extinction, and with them the destruction of our life support system - activist and filmmaker Rob Stewart embarks on a dangerous quest to stop the slaughter. Following the sharks - and the money - into the elusive pirate fishing industry, Stewart uncovers a multi-billion dollar scandal that makes us all accomplices in the greatest wildlife massacre ever known.”</p>	<p>Release date 5 October</p>	<p>https://www.sharkwater.com/ In theatres starting October 5th 2018</p>
7	Eurotek 2018	1 – 2 December	Eurotek Advanced Diving Conference 10 th Anniversay Birmingham Repertory Theatre Birmingham B1 2EP

Events working on

We are working on:-

1. **Additional Lectures for 2018/2019** – Preeda sourcing speakers
2. **Fossil Hunting & Gatro pub lunch** – moved to 2019, Katy working with Marysya
3. **Karaoke & Escape rooms 2019** – Anastasiya
4. **Hike(s) & outdoor events** – Katy
5. **Christmas Party 2018** – Social team working on this

January 2018 International Food Party



When – 27th January 2018

Time – 7pm onwards

Where – Athina & Dimitrios pad in London

Address – Ask Preeda

Details

Our club has a great mix of cultural diversity in its members. To celebrate this diversity; some of our members would like to cook you some home cooked foods from the region of the world they are from. Anastasiya (our Master Chef) is lining up clidive chefs from as many regions to tickle your taste buds.

Including – Ukraine, Russian, Chinese, Argentinian, Australian, Taiwan...

Those not cooking please bring a booze. More details to follow.

If you would like to come please RSVP Preeda@clidive.org by 20th January 2018 so that we know how much food to cater for and please let us know if you have any dietary requirements. Everyone is most welcome and you only need to bring a bottle or two, all food is provided by our clidive chefs.

February 2018

Escape the City, Clidive Winter Hike



When – 24th February 2018

Time to meet at Euston Station – 9.00am

Where – Euston Station (we will be catching the 9.24am train to Tring)

Finish time approx. 4.00pm

Details

Dust off your hiking boots and don your Berghaus, on Saturday 24th February Clidive are going hiking! This is one of the best hikes within easy reach of London. It takes us from Tring station, along the undulating Ridgeway path and through the Herts and Berks countryside including expansive views from Ivinghoe Beacon, which was once home to an Iron Age hill fort.

The walk is around 10 miles and we will be taking it at quite a leisurely pace. You should expect some rolling hills and potentially it may be quite muddy in parts but that's all part of the fun right! Around lunchtime there is a pub that we can stop off at for some liquid refreshments and then another pub towards the end where we will grab a well-deserved bite to eat before heading back to London.

Please make sure you mark yourself as attending on the clidive facebook event and contact Katy O'Connell at social@clidive.org if you have any queries. Members Friends and Family most welcome!

Extra Info

Train tickets: You will need to purchase a return ticket from London Euston to Tring. We will be able to take advantage of a group saver price of £10.75 each and will purchase these on the day so please make sure you arrive in plenty of time to be included.

What to bring: please wear sturdy footwear with a good grip, ideally waterproof hiking boots if you have them. Waterproof jacket / trousers just in case. Extra warm layers with the option to store these in your rucksack. Also some water and lunch / snacks for during the hike.

March 2018

Royal Geographical Society - Dive Lecture 2018



When – 6th March 2018

Time – 7pm (doors open at 6pm)

Where – The Royal Geographical Society, 1 Kensington Gore, London, SW7 2AR

Details

This year we are proud to announce the speakers for The Dive Lectures on Tuesday 6th March 2018 held at the RGS with a line up that is not too missed.

From conquering the seas with the incredible students who have learnt to dive with Scuba Trust, to exploring the deepest bubbles ever blown with Ahmed Gabr. Finally we will unleash Didier's Odyssey; from underwater cinematic lesson one with Jacques Cousteau, to capturing the silent world on film Didier Noirot will take us on his journey through the lens.

The London Diving Chamber Dive Lectures are a prestigious annual event run by London Diving Chamber at the Royal Geographical Society in Kensington, London. This event, running into its 19th year in 2018 has seen some of the biggest names in diving, television, exploration, photography and environmentalism present to a keen audience of divers and non divers alike. In store for the 500 strong audience is an evening of escapism, adventure and education with incredible speakers, promotional stands and most importantly fundraising for a great cause.

Tickets are known to go extremely quickly, so register now to avoid missing out on your place: - <http://www.londondivingchamber.co.uk/index.php?id=events&page=3>

Dry Dive to 50m



When – 14th March 2018

Time – 6pm to 8pm

Where – London Diving Chamber, Brampton House, Hospital of St John and St Elizabeth, 60 Grove End Road, St Johns Wood, London NW8 9NH

Details

What is it?

Dry diving is exactly as it sounds. A hyperbaric chamber is the perfect environment to test a diver's ability at depth, but in a safe and water-free environment. Decompression illness DCI can result from a diver's inability to handle nitrogen narcosis. If a diver is underwater the first time they experience narcosis, they can panic and risk DCI. A dry dive can prepare a diver mentally for what can happen underwater.

What happens?

For the 50m dive: The divers fill in a self-declaration medical form. Any questions ticked YES must be covered by a Dive Doctor's clearance form. (These can be done at LDC with enough notice). Divers change into scrubs (provided). After a briefing, divers (maximum of 6) enter the chamber accompanied by an LDC supervisor. The chamber is compressed to 50m. After maximum bottom time is reached, decompression begins. Divers decompress on a 100% oxygen. On coming out of the chamber there will be a post-dive briefing and time for questions and logbook stamping. Please remember that like a wet dive, a dry dive does carry a risk of DCI, although an extremely minimal one as the environment is carefully controlled. Please report any abnormal symptoms immediately.

So if you are interested, please let me know. The price of the dry dive is £40. It's on a first come first served basis, so please hurry as we have few spaces left only.

It's open to everyone!

Clidive Lecture Series (CLS) 2018
CLS - "Prevention, Symptoms and Treatments of DCI" Talk by Dr Oliver Firth



When – 19th March 2018

Time – 7pm, Talk starts at 7:30pm and finishes at 8:30pm

Where – Troy Bar, 10 Hoxton Street, London N16

Details

Clidive is really delighted that the UK's leading expert on DCI – Dr Oliver Firth (Consultant Specialist dive doctor) of London Dive Chamber (LDC), will be talking to our members & friends about "*Prevention, Symptoms and Treatments of DCI*".

The increasing popularity of SCUBA diving has increased the incidence of decompression illness (DCI). As more people of varying ages and fitness dive more often, helped by developments in technology to go deeper and for longer, then doctors will see more cases of this condition.

A reduction in pressure while ascending at the end of a dive will release dissolved gas (principally nitrogen) from solution in the tissues and blood and consequently form bubbles in the body. DCI results from the effects of these bubbles on organ systems. The bubbles may disrupt cells and cause loss of function. They may act as emboli and block circulation especially in the capillaries. They may cause mechanical compression and stretching of the blood vessels and nerves. DCI in divers who have observed all the rules and stayed within their tables or computer algorithms, still develop DCI. No diver, diving school or independent instructor should think that they are immune to DCI.

This talk explores how it can develop, how it is diagnosed and how it is treated. Dr Oli is also the author of *FAQ Dive Medicine* and contributor to *Tanked Up* magazine.

Tickets are £5 per person to cover the speakers' expenses and venue. We have a bar and venue exclusively for this event. The venue is open from 7pm, the talk starts at 7:30pm sharp and due to finish at 8:30pm and we can continue drinking, so no rush to leave. Please contact **Preeda** at email address social@clidive.org if you like to buy a ticket and won't be able to make club night, looking forward to seeing you all there :)

Clidive Lecture Series (CLS) 2018

CLS - "Deco in Depth" Talk by Phil Page



When – 26th March 2018

Time – 7pm, Talk starts at 7:30pm and finishes at 8:30pm

Where – Troy Bar, 10 Hoxton Street, London N16

Details

Clidive is delighted to present Phil Page (BSAC Advanced Instructor) talking to our members & friends about "Deco in Depth".

SCUBA diving's great. It's the only sport where, under the influence of Hennessy, you get to follow your M-value with your GF to the ceiling in a rear-entry rubber suit. Want to know your Thalmanns from your Suuntos and Haldanes? Or does this all sound like a load of Buhlmann? Ever wondered how decompression tables came about and what's happening with them today? Curious to know why conservatism adjustments are available on your computer and how they work? Ever watched in horror as the deco minutes rack up on your screen way faster than your no-stop time ran out? Ever noticed how some dives make you feel like Blackadder whilst others turn you into Flashheart? If so, this talk's for you!

We get taught how to manage inert gas loading throughout our diver training to conduct safe dives, but the subject of decompression is too complex and the differing solutions too numerous to cover beyond the "need to know" we deliver in the courses (even the mixed gas ones). This presentation collates and delivers in bite-sized chunks the discoveries of your intrepid speaker on his tireless and continuing journey through the subject, drawing wisdom and edification from forums, books, periodicals, conversations with varying levels of expert and, of course, the interweb. In other words, I Googled it so you don't have to.

Warning: This presentation was manufactured in a facility that contains puns.

Tickets are £5 per person to cover the speakers' expenses and venue. We have a bar and venue exclusively for this event. The venue is open from 7pm, the talk starts at 7:30pm sharp and due to finish at 8:30pm and we can continue drinking, so no rush to leave. Please contact **Soni** at email address social@clidive.org if you like to buy a ticket and won't be able to make club night, looking forward to seeing you all there :)

April 2018

Clidive Lecture Series (CLS) 2018

CLS – “An Introduction to Just Culture in Diving” Talk by Gareth Lock, Director of
Human in the System



When – 9th April 2018

Time – 7pm, Talk starts at 7:30pm and finishes at 8:30pm

Where – Troy Bar, 10 Hoxton Street, London N16

Details

Clidive is really delighted Gareth Lock, Director of the Human in the System, who will be talking to our members & friends about "*An Introduction to Just Culture in Diving*" a fascinating talk not to be missed if you are a diver!

The majority of diver training agencies have a 'fundamentals', 'essentials' or similar class to make sure buoyancy and trim are sorted before progressing to technical or cave diving. But...Most accidents and adverse events in diving are not down to undetected technical failures, poor buoyancy or incorrect trim, but rather a breakdown in communication, poor decision-making or a lack of situational awareness, or more likely a chain of events which are based around these human factors and nobody provides training in this subject in a holistic manner...

Using his experience and knowledge from aviation and other high risk industries, he will explain that without a Just Culture in place, we will be destined to keep on making the same mistakes in diving, sometimes with fatal consequences. A Just Culture recognises we are all human, we are all fallible, and nearly every person is trying to do the best they can given the resources and knowledge they have and the pressures they are under. True negligence and 'Darwin Award Winners' are rare but social media would make you think otherwise!

Gareth Lock is a retired RAF senior officer, who was both a senior supervisor and a tactical flight instructor on an operational C-130 flying squadron. Gareth is an Open Circuit advanced trimix diver (Technical Diver Level 2 with GUE) and normoxic trimix CCR diver (JJ-CCR with TDI) with around 800 dives over 12 years of diving.

Tickets are £5 per person to cover the speakers' expenses and venue. We have a bar and venue exclusively for this event. The venue is open from 7pm, the talk starts at 7:30pm sharp and due to finish at 8:30pm and we can continue drinking, so no rush to leave. Please contact **Preeda** at email address social@clidive.org if you like to buy a ticket and won't be able to make club night, looking forward to seeing you all there :)

July 2018

Impromptu Social - Drinks



When – 27th July 2018

Time – 7.30pm,

Where – Netil360, 1 Westgate Street, London Fields, London E8 3RL

Details

We are trailing an idea, where members go for drinks/dinner in lovely venues and want us to share the information with members in case anyone wants to join. We will try to give 1 or 2 weeks notice as they are spur of the moment socials.

Netil360 is a licensed bar, garden, cafe & workspace rooftop venue. This venue is a lovely rooftop bar in Hackney which has increased in popularity and incredibly relaxing atmosphere. It is a beautiful venue. There is a rooftop dog called Tres and welcomes other well behaved dogs.

The ethos of the venue is “*no exclusivity, believing that you should be able to walk off the street and visit us for free whenever you like and still have a chance of finding a space to relax – we, therefore, do not take bookings or operate guest-lists.*”

August 2018

European Premiere-Sea Creatures, Life Beneath the Ocean



When – Sunday 12th August 2018

Time – 3pm meet at the Royal Horticultural Halls Cost- £20

Where – Royal Horticultural Society, Lawrence Hall, Greycoat Street, London SW1P 2QD

Website- <http://www.seacreaturestour.com/>

Details

The social team are delighted to include this incredible and unusual social to the clidive calendar that will appeal to all our members, their friends and family. If we get a group of 10 people the cost is £15 + £1.79 each; and we will put the balance towards the booze kitty. Some of us will be meeting for a drink before the event, we will organise drinks/dinner after the exhibition too. If you are interested in coming for only the drinks/dinner that is fine, please email social@clidive.org if you are interested in joining us for any part of this event.

“Once in a generation, a fascinating exhibition comes to the UK which pushes boundaries, inspires, educates and entertains family audiences, like never before! Sea Creatures: Life Beneath The Ocean, is that exhibition. A unique, awe-inspiring, eye-opening insight into the science and anatomy of sea creatures. This blockbuster exhibition is packed with 50 full body, real specimens, 150 body parts and organs and interactive digital exhibits. Sea Creatures invites family audiences to explore and truly understand marine life, conserving marine species and raise awareness of marine conservation.

Exhibition highlights include full plastinated specimens of a 5m long Whale Shark, 3.5m long Baleen Whale, 3.6m long Great White Shark, 2.8m long Dolphin, Octopus, Penguin, Sting Ray and many more. Other highlights include plastinated organ specimens, including the lung & eyeball of a Mink Whale, Shark Fin & Teeth, Kidney of a Whale, Egg of a King Penguin, Heart of a Sea Lion, transparent and sliced specimens of many types of fish and much more. An immersive and interactive experience with augmented reality technology, Sea Creatures is the most comprehensive touring exhibition ever created on this hugely popular topic. Never in human history has our appetite for knowledge about the blue planet been so inquisitive.”

“It seems to me that the natural world is the greatest source of excitement; the greatest source of visual beauty, the greatest source of intellectual interest. It is the greatest source of so much in life that makes life worth living.” David Attenborough

September 2018 Clidive Barbecue 2018



When – 1st September 2018

Time – 4pm

Where – Hertford

Address – Neil & Lucy Rickards Garden

Details

Clidive's Summer BBQ 2018 is fast approaching, Saturday 1st September from 4pm onwards, hosted by Neil & Lucy Rickards. All are encouraged to come – this is a great chance to meet members old and new. The theme of this year BBQ is "Family". This is a celebration all the babies born to clidivers over the years and still due to arrive. We are a family oriented club and very proud of the family atmosphere in the club, a great reason to celebrate.

Tickets are £10 per person and can be purchased from the Social Team, who will be at the club on Thursdays from 7pm onwards. As always, partners and children are most welcome (all will need tickets). Children under the age of 10years old are FREE and don't need a ticket. You can also transfer to the club account if you cannot make club night – please use the reference **BBQ2018** and email both the social team and the treasure@clidive.org for your name to be on the door list. We need to know numbers to make sure there is enough food.

We will be providing home-made burgers, chicken marinated in home-made family recipes, vegetables and a plethora of salads. A selection of Clidive chefs will be making some amazing food to accompany the BBQ, and will cater for all kinds of diet: vegetarian, vegan, pescatarian, carnivore and the confused! If you have any special dietary requirements, please email social@clidive.org. If you want to bring a dish, you are more than welcome, but please contact me if you are doing this.

Please bring beers, wine and any other alcohol beverage you wish to drink.

Getting there

The Rickards' home is a 10 minute walk from Hertford North station – which is a 45min train ride from Old Street – the address will be on the tickets and we will email those who have paid the address again as a reminder nearer the time

Any questions email social@clidive.org, your very friendly social team :). Hope to see you all there.

December 2018

Clidive Christmas Party



When – 8th December 2018

Time – 19:00 till 03:00 (from 2200 the venue will be open to the general public)

Where – Troy Bar, 10 Hoxton Street, London N1 6NG

Details

The Clidive Social Team would like to invite you to join us for the annual Clidive Christmas party. As ever, this will be a great night, this year featuring fabulous live music, delicious Caribbean homecooked food, a fun photoshoot with a difference, release of the 2019 Dive Plan...and drinking and dancing 'til waaaay past midnight! There will be a champagne prize for the best "Creative Christmas Outfit" - you can be as creative as you like!!

Party Tickets: £10 per person (partners etc most welcome) – includes food
- all proceeds go to The Shark Trust..

The evening will, of course, include the famous Clidive Xmas Raffle. A huge thank you to John Davies, Gregory Bonds, Giovanni Corrigo, Preeda's family and the Social Team, who have all donated prizes, including:

- A brand-new dive computer (donated by JD)
- A 40/50 year-old whisky gift set (donated by Giovanni)
- £50 worth of dolphin & sea creatures jewellery (donated by Preeda's family)
- £50 worth of scuba gifts e.g. dry bags, dive mug, marine coasters etc (donated by Gregory)
- Alcohol e.g. wine, Martini, more whiskey (donated by Social Team)

There will be lots more prizes, including, for one lucky person...the glass dolphin figurine!

If you want to donate a raffle prize, please let us know as soon as possible. Raffle Tickets: £10 (for 10 tickets) or £20 (for 30 tickets). Party & raffle tickets now on sale please contact: social@clidive.org. Questions? Just email us.

We hope to see you all there, The Clidive Social Team xx