

# Clidive BSAC 410

## Pool Supervision at Ironmonger Row Baths (IRB)

### Responsibilities

- 1 The nominated lifeguard for the evening is responsible for
  - being on the pool before 8pm and ensuring no club member enters the water before this time
  - ensuring the lane ropes are in the right place for the activities of the evening and ask staff to adjust them if required
  - liaising with the instructors and managing the pool activities so different groups do not clash
  - ensuring that divers or swimmers outside of organised groups do not land on top of each other when entering the water and that there is a designated lane for swimmers only
  - ensuring that the fire exits (particularly round the first aid room located at the deep end) are not blocked by equipment
  - ensuring that the pool is supervised by a qualified Clidiver at all times
  - ensuring that if an emergency arises that the GLL lifeguard is alerted to this fact and the pool alarm is activated the emergency is life threatening
  - being in charge of any diving emergency situation until the casualty is on the poolside (and de-kitted if necessary) a GLL lifeguard takes over
  - ensure that everyone is out of the pool by 9.30pm
  - ensuring that equipment on poolside is in no way posing a hazard to other people
  - if unable to make allocated session finding replacement cover and informing the secretary of this fact
  - writing up any report that may be required if an incident should occur on their shift
  - ensuring that they are personally up-to-date with the operating procedures, location of alarms, rescue aids and other emergency equipment
  - ensuring that they are up to date and practiced in lifesaving skills including resuscitation
  - liaising with pool management on day-to-day matters
  - clearing the pool should any major emergency arise (an SOS signal should be used by banging on the pool steps)

- assisting the GLL lifeguard in any required emergency evacuation (to St Luke Gardens opposite)

The nominated lifeguard for an evening can arrange a rota with other qualified members so as to have a swim etc.

**Definition of a major emergency is one that threatens life and includes any situation where a lifeguard enters the water to conduct a rescue.** Pool rescue should not be undertaken unless other people, including the GLL lifeguard, have been alerted to the situation and the alarm activated. A minor emergency is not life threatening and should be dealt with in liaison with the GLL lifeguard.

2 Instructors are responsible for

- reporting to the designated lifeguard and informing them of their planned activities of the evening
- safe management of the class according to BSAC guidelines

3 Casual divers are responsible for

- reporting to the designated lifeguard and informing them of their planned activities of the evening including highlighting any new equipment they might be testing
- asking permission from the pool lifeguard before entering the water
- ensuring that they don't get in the way of swimmers or distract any classes

4 Casual swimmers are responsible for

- reporting to the lifeguard before entering the water if they do not know the lifeguard. This is because very occasionally other users of the building believe it to be an open session and wander in. With a large club it is not feasible to expect every lifeguard to know every Clidive member.

### **Particular risks associated with diving club activities**

- impact injuries or panic caused by either someone landing on top of someone else through poor entry, uncontrolled ascents or clashing under water
- panic under water through lack of technique or equipment failure leading to hyperventilation blackout, uncontrolled ascent or water in the airways
- illness such as cramp, heart attack, heat exhaustion etc

- stranger of poor swimming abilities wandering in unnoticed and getting into difficulties
- burst lung due to a breath holding ascent
- ear damage due to failure to equalise

**Pool Lifeguards should note the following**

- The pool alarm should be activated by someone before any lifesaving actions are taken
- Any qualified GLL staff member is in charge of any situation on their arrival. It is up to them whether or not any first aid or lifesaving actions are carried out by a club member or by GLL staff.
- GLL staff are all regularly trained in CPR and the use of a defibrillator which is kept at reception.